

# Infection Prevention and Control Guidance for the management of suspected/ confirmed High Consequence Infectious Diseases (HCIDs) in Acute Healthcare settings

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#### **VERSION HISTORY**

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1.0	13/09/2024	Produced by Health Security Programme, and HSE AMRIC. Reviewed by HCID Clinical Advisory group, Mpox IMT, Health Protection Advisory Committee	Director National Health Protection
1.1	17/10/2024	Title changed to remove Adult and Paediatric Settings	National Clinical Lead of the Health Security Programme
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#### **List of Abbreviations**

**AGPs** Aerosol Generating Procedures

ABHR Alcohol-based Hand Rub

**AMRIC** Antimicrobial Resistance and Infection Control

**CCHF** Crimean Congo Haemorrhagic Fever

CEC Clinical Excellence Commission

**CPHM** Consultant in Public Health Medicine

**ECDC** European Centre for Disease Prevention and Control

**ED** Emergency Department

**EVD** Ebola Virus Disease

**GP** General Practitioner

**H&CW(s)** Health and Care Worker(s)

**HCID** High Consequence Infectious Disease

**HLIU** High-Level Isolation Unit

**HPAI** Highly Pathogenic Avian Influenza

**HPSC** Health Protection Surveillance Centre

**HSA** Health and Safety Authority

**HSE** Health Service Executive

ID Infectious Diseases

IMT Incident Management Team

IPC Infection Prevention and Control

MAU Medical Assessment Unit

MERS Middle East Respiratory Syndrome

MOH Medical Officer of Health

MVD Marburg Virus Disease

NCEC National Clinical Excellence Committee

n.d No date

NHPO National Health Protection Office

NHLIU National High Level Isolation Unit

**NSW** New South Wales

**NVRL** National Virus Reference Laboratory

**OOH** Out of Hours

PCRA Point of Care Risk Assessment

PHEIC Public Health Emergency of International Concern

**PPE** Personal Protective Equipment

**SARS** Severe Acute Respiratory Syndrome

SFTS Severe Fever with Thrombocytopaenia Syndrome

**SPHM** Specialist in Public Health Medicine

**UKHSA** The UK Health Security Agency

**VHF** Viral Haemorrhagic Fever

WHO World Health Organization

#### 1.0 Introduction

The aim of this document is to provide guidance on Infection Prevention and Control (IPC) measures for Health and Care Workers (H&CWs) caring for individuals with high consequence infectious diseases (HCIDs), contact or airborne, both suspected and confirmed. This includes guidance on patient placement, preparedness planning, transmission-based precautions, personal protective equipment (PPE) selection, environmental cleaning and disinfection, linen handling, and waste management.

HCIDs, although uncommon, may have a considerable impact both on the community and on the delivery of health services. All acute healthcare facilities need to have processes and preparation in place should a patient present with an HCID.

Infection prevention and control (IPC) measures are based on the principles of standard and transmission-based precautions. When implemented effectively, IPC measures prevent or control transmission of infections, keeping patients, H&CWs, and visitors/caregivers safe. Consistent application of <u>standard precautions</u> within the clinical environment remains the most effective way to prevent transmission of HCIDs. A point of care risk assessment (PCRA) should be conducted by every H&CW for every interaction with every patient, as this will enable the early identification of an individual with a suspected HCID. More information regarding PCRA is available in Section 4.3 below, and on the HSE website here.

Workplace health and safety legislation mandates that employers have a duty of care to ensure workplace health and safety, including managing the risk of occupationally acquired infections. Workplace facilities must implement a robust risk assessment process aimed at eliminating risks where possible, and, if not, reducing them to ensure a safe working environment. The health and safety legislation relevant to Ireland can be found on the <a href="Health and Safety Authority">Health and Safety Authority (HSA)</a> website.

# 2.0 Purpose and Scope

#### 2.1 Purpose

The guidance contained within this document relates only to the use of HCID IPC measures for the first point of access (where patients present) to healthcare facilities. The purpose of this document is to describe the IPC measures that should be considered and implemented by H&CWs who are in contact with a patient with:

- a suspected HCID
- <u>OR</u> a confirmed HCID case prior to transfer to the <u>National High Level Isolation</u> <u>Unit (NHLIU)</u> at Mater Misericordiae Hospital, Dublin. The NHLIU is a purpose- built ICU-level isolation facility and the national referral centre for high-risk adult cases.
- OR a confirmed HCID where transfer may not be necessary or feasible.

#### 2.2 Scope and Summary

This guidance is **intended for H&CWs in acute adult and paediatric settings**, including Emergency Departments (EDs), Medical Assessment Units (MAUs), GP surgeries, GP Out-of-Hours (OOH) services, and other outpatient settings where individuals with suspected HCIDs may present. It outlines the necessary steps to take while awaiting transfer to a NHLIU, or for patients being cared for in other appropriate in-patient management settings. It is acknowledged that patients may need to be managed beyond the point of confirmation in these settings where formal pathways have not been established, for example, Paediatric or Maternity settings. In the absence of formal pathways, contingency plans need to be developed locally.

The National High Level Isolation Unit (NHLIU) as a designated HCID treatment centre, should follow recommendations appropriate to the clinical setting. Such recommendations are beyond the scope of this document.

The requirements for suitable and adequate PPE in the ambulance service may differ due to the settings and conditions in which they operate. The ambulance service should continue to follow advice on HCID PPE set out by the National Ambulance Service (NAS).

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While this is a stand-alone document, it is intended to be used in conjunction with the resources listed in **Box 1** below:

#### **Box 1 – Links to Relevant Guidance**

- 1. The <u>National Clinical Excellence Committee (NCEC) National Clinical Guideline No. 30</u>
  Infection Prevention and Control
- a) The following sections of Volume 1:
  - Application of transmission-based precautions (p 88)
  - Contact precautions (p 91)
  - Droplet precautions (p 95)
  - Airborne precautions (p 98)
  - Personal Protective Equipment (PPE) (p 103)
  - Staff health and safety (p 168)
- b) The following sections of Volume 2:
  - Table 44, Precautions for specific infections and conditions (p 252)
- 2. Guidance specific to diseases or pathogens may be found in the <u>relevant section of the Health Protection Surveillance Centre website</u>.

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#### 2.2.1 Summary Chart

**Figure 1** below provides a condensed summary of the more detailed <u>Table 3</u>, outlining key IPC requirements for managing patients with confirmed or suspected HCID.

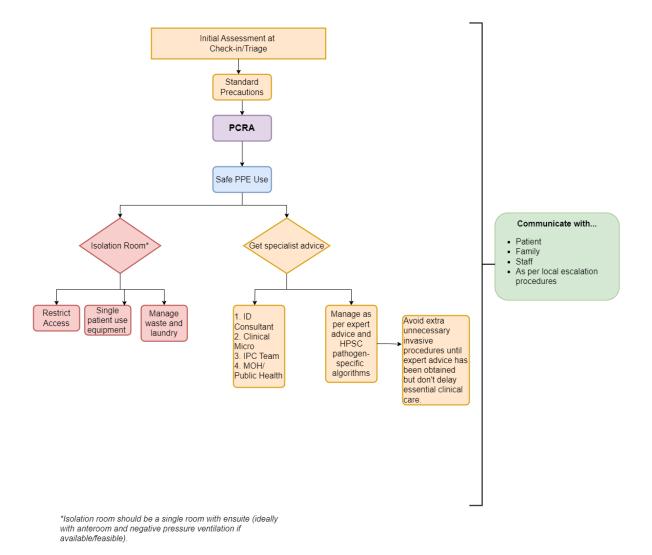


Figure 1 - Summary of <u>Table 3</u> - Immediate IPC Actions when managing patients with suspected HCID

The document includes practical tables and checklists located in the following sections:

- <u>Table 3 Immediate Actions to be taken when an Individual is Identified as a</u>
   <u>Suspect or Confirmed Case of HCID</u>
- <u>Table 6 Summary of HCID IPC Considerations</u>
- PPE Donning and PPE Doffing
- Preparedness Checklist

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# 3.0 Background

# 3.1 High Consequence Infectious Diseases – Definitions and Key Pathogens

HCIDs pose significant threats to human health. HCIDs can cause affected individuals to exhibit severe symptoms necessitating intensive care and often have high case-fatality rates. Frequently, there is no specific prophylaxis or treatment available. HCIDs are contagious, requiring transmission precautions for H&CWs. Depending on their mode of transmission and infectivity, there is potential for large-scale epidemics (e.g., Ebola in West Africa 2014 or SARS in 2003) or even pandemics (e.g., the COVID-19 pandemic in 2020 or the Spanish influenza pandemic in 1918).

HCIDs are not endemic in Ireland, where the environmental conditions are unlikely to support the natural reservoirs and vectors of many of the HCID pathogens. The likely introduction of a HCID into Ireland would be via a person who has travelled to an endemic region or who has been in contact with a HCID case. Such an individual could present with a variety of symptoms to a healthcare provider, including an emergency department (ED) or primary care setting. Several HCIDs are transmissible from person to person and therefore require H&CWs to take precautions to prevent transmission.

#### 3.1.1 Definitions

A HCID is defined as an acute infectious disease that meets the following criteria (as outlined by the <u>European Centre for Disease Prevention and Control (ECDC)</u> and the <u>UK Health Security Agency (UKHSA)</u>:

- typically has a high case-fatality rate
- may not have effective prophylaxis or treatment
- often difficult to recognise and detect rapidly
- ability to spread in the community and within healthcare settings
- requires an enhanced individual, population and system response to ensure it is managed effectively, efficiently and safely.

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#### 3.1.2 Pathogens Considered to be HCIDs

HCID pathogens can be broadly categorised, according to the mode of transmission:

- 1. **Contact HCIDs** may be spread by direct contact with an infected patient or infected fluids, tissues etc or by indirect contact with contaminated materials and fomites.
- 2. Airborne HCIDs may spread by respiratory droplets or aerosol transmission, in addition to contact routes of transmission.

**Table 1** below provides some examples of HCIDs and modes of transmission. **This is not an exhaustive list;** novel pathogens may not be included in the table. The <a href="HPSC website">HPSC website</a> should be consulted for information on specific pathogens.

Table 1 - Examples of HCID pathogens and modes of transmission (adapted from guidance documents of <u>ECDC</u> and <u>Clinical Excellence Commission</u>, <u>New South Wales [CEC, NSW]</u>)

Disease	Virus/Pathogen	Primary mode of transmission	PPE required
Andes virus infection	Andes virus (Hantavirus)	Airborne	required
Argentine haemorrhagic fever	Junin virus (Arenavirus)	Contact	
Bolivian haemorrhagic fever	Machupo virus	Contact	
Crimean Congo haemorrhagic fever (CCHF)	CCHF virus (Nairovirus)	Contact	
Ebola virus disease (EVD)	Ebola virus (filovirus)	Contact	
Influenza (avian, highly pathogenic avian influenza HPAI and novel)	Highly pathogenic A(H7N9) and A(H5N1). Highly pathogenic A(H5N6) and A(H7N7)	Airborne	Based on Point of
Lassa fever	Lassa virus (Arenavirus)	Contact	Care Risk
Lujo virus disease	Lujovirus (Arenavirus)	Contact	Assessment
Marburg virus disease (MVD)	Marburg virus (Filovirus)	Contact	(PCRA)
Middle East respiratory syndrome (MERS)	MERS coronavirus (MERS-CoV)	Airborne	
Nipah virus infection	Nipah virus	Airborne	
Pneumonic plague	Yersinia pestis (bacterium)	Airborne	
Severe acute respiratory syndrome (SARS)	SARS coronavirus (SARS-CoV)	Airborne	
Severe fever with thrombocytopaenia syndrome (SFTS)	SFTS virus	Contact	

# 4.0 Patient Management

#### 4.1 Preparedness Planning

At all entry, access, and assessment/triage areas where patients are seen, staff should check each patient's travel history to identify symptomatic patients who may have travel-related HCID. This is a critical factor in determining risk on an ongoing basis (see <u>Table 1</u> for examples of HCID pathogens, and <u>Section 4.3</u> for patient risk assessment including links to resources for country-specific risks and current alerts).

Each facility should have a clear process for urgent actions, including implementing local management plans and identifying contacts (contact tracing), including accompanying individuals, waiting room contacts, and H&CWs without appropriate PPE. Each facility should have clear communication processes and risk documentation, along with a plan to manage these risks. This includes transportation to the NHLIU, and consultation with an ID Consultant.

# 4.1.1 Preparedness planning: Personal Protective Equipment (PPE) and shared equipment

As part of preparedness planning and the management of PPE and shared equipment, the following steps should be implemented:

- 1. Ensure that all assessment areas have access to appropriate PPE (see Table 6).
- 2. Strengthen the processes to ensure that all staff are familiar with the selection and application of PPE based on a **point of care risk assessment (PCRA)**.
- 3. Support staff training via Antimicrobial Resistance and Infection Control (AMRIC) modules available on <u>HSeLanD</u> (AMRIC Hub) and recommend refresher training to ensure consistent approaches. Prioritise reviewing training records for H&CWs. Additional training and simulation exercises, including risk assessment and management, are recommended to help staff identify and manage individuals with suspected or confirmed HCIDs, especially at points of entry like EDs.
- 4. In acute healthcare settings, both adult and paediatric, it is essential to identify suitable en-suite isolation rooms. Each room should be single occupancy and ideally equipped with negative pressure ventilation (if available) and an anteroom for donning and doffing PPE. These rooms should be located close to patient entry points and have a ready exit route for onward transfer if necessary. Local arrangements must be in place to urgently vacate these rooms if they are occupied when a suspected HCID patient presents. If an anteroom is not available, a dedicated zone for PPE donning and doffing must be identified as part of preparedness planning. In GP or GP out-of-hours settings,

- a single room should be used for patient assessment. This room must be cleaned and disinfected after each use (see <u>Table 6</u>). Any accompanying individuals should be managed as part of this process.
- 5. All EDs should maintain and have readily accessible appropriate PPE stock (FFP2/3 respirators, gowns, eye protection, etc.) as standard. Additionally, keep PPE kits for managing suspected or confirmed HCIDs, and regularly review and maintain these kits as part of routine emergency/disaster management equipment stores.
- 6. Ensure that dedicated patient care equipment can be provided in selected isolation rooms. Provide clear processes for the cleaning/disinfection processes for shared equipment (for example, ventilators, monitors and ultrasound devices).

### 4.2 Management and escalation planning

Each acute healthcare facility should develop a management plan which includes all essential elements for individuals with confirmed or suspected HCIDs (including for clinically stable and unstable patients). In this plan, it is important to establish clear communication pathways to notify, escalate, and convene an urgent incident management team (IMT). This ensures the safe management of individuals presenting with a HCID at the facility and their transfer through established national protocols.

#### 4.3 Immediate Measures, Point of Care Risk Assessment (PCRA)

In the event that a symptomatic patient with a possible HCID (based on history of recent travel to an endemic country or known exposure to a HCID and compatible symptoms) presented to any healthcare setting (for example, the ED of an acute hospital), the approach outlined below is recommended.

#### 4.3.1 Patient Risk Assessment

The aims of a patient risk assessment are:

- To provide advice on initial actions to ensure the safety of the patient and the H&CW while conducting a point of care risk assessment,
- 2. To determine the likelihood of a HCID in the patient presenting.

The possibility of HCID should be considered in any sick person with a recent history of travel to an endemic country, who has no clear features of an alternative diagnosis.

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#### 4.3.1.1 Online Resources Regarding Country-Specific HCIDs

**Box 2** below summarises online resources where country-specific information in relation to various HCIDs may be obtained:

#### Box 2 - Online Resources for Country-Specific HCID Information

- The UKHSA have published a <u>list, on their website</u>, outlining the country-specific risks for HCIDs.
- The <u>TravelHealthPro website</u> operated by the UK-based National Travel Health Network and Centre (NaTHNaC) and funded by UKHSA, provides essential travel health advice for each country.
- The WHO provides information on confirmed acute public health events or potential events
  of concern on the Disease Outbreak News section of their website.
- The ECDC website offers up-to-date information on the geographical distribution of infectious diseases, with data available in various formats, including interactive maps, databases, dashboards, and downloadable datasets.

https://www.ecdc.europa.eu/en/data/maps

H&CWs should promptly protect themselves and others if they suspect a patient has a HCID. The clinical features in **Table 2** below should raise suspicion of a HCID.

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#### Table 2 - HCID Risk Assessment (adapted from CEC, NSW)

Travel History
----------------

Person has a recent (within past 21 days) travel history to an area where cases of the HCID have occurred or disease is endemic

#### OR

#### **Close Contact**

Exposure to known or suspected case of HCID (present or past)

For example, contact with a person with a HCID, or cared for a patient with a HCID or come into contact with body fluids or contaminated waste from such a person, contact with sick/dead animal(s) etc.

#### **AND**

#### Symptom profile consistent with HCID:

• Fever greater than 37.5°C either on presentation or a patient who reports history of same in the previous 24 hours,

#### AND/OR

- New respiratory symptoms
- New rash.

#### OR

Meets the case definition for a specific disease as specified by HPSC.

For many HCIDs, pathogen-specific risk assessment forms and clinical pathways can be accessed via the HPSC website by clicking on the specific pathogen in the <u>Health Topics</u> A-Z section

Although there could be other reasons for patients showing HCID-like symptoms, consider these cases as suspect until HCID is definitively ruled out, especially when there is a higher level of suspicion, for example following a WHO declaration of a Public Health Emergency of International Concern (PHEIC) or in response to national public health alerts.

It is important that patient care is NOT compromised, and essential investigations delayed while awaiting HCID sample result. However, **inform the laboratory in advance of high-risk exposure samples, and label as such.** 

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#### 4.3.2 Identification and Isolation of Patients with suspected HCID

In the first instance, a point of care risk assessment (PCRA) should be conducted by every H&CW for every interaction with every patient, with a distance of at least 1 metre between the patient and the H&CW maintained (where possible). This will enable the early identification of patients presenting with signs and symptoms of a suspected HCID and guide the use of additional PPE. If HCID is suspected, the patient must be isolated immediately and appropriate transmission based precautions should be used.

The PCRA poster resources can be found on the HPSC website at the following link: Posters - Health Protection Surveillance Centre (hpsc.ie), with more detailed information regarding how to conduct a PCRA available on the link in the HSE website here.

When undertaking a PCRA on a patient under investigation for a HCID, the type of PPE required will primarily be determined by the clinical status of the patient, in particular, whether a patient is in a 'dry' phase or in a 'wet' phase (the latter is a term used for patients who are vomiting, bleeding or having diarrhoea). It is very important to minimise the number of H&CWs present during the initial assessment.

# 4.3.3 Summary of Immediate Actions

**Table 3** below provides a comprehensive list of immediate actions to follow should the patient risk assessment identify a risk of HCID.

Standard precautions must be always applied for all patients and are summarised in **Box 3** below:

#### **Box 3 – Summary of Standard Precautions:**

- √ Hand hygiene according to the <u>WHO 5 moments for hand hygiene</u>
- √ The use of appropriate personal protective equipment (PPE)
- √ Respiratory hygiene and cough etiquette
- √ Safe injection practices (safe use and disposal of sharps)
- √ Aseptic technique
- √ Management of patient care equipment
- √ Environmental hygiene
- √ Safe handling and disposal of waste.
- √ Management of laundry and linen.

Table 3 - Immediate Actions to be taken when an Individual is Identified as a Suspect or Confirmed Case of HCID (adapted from <u>CEC, NSW guidance</u>)

No.	Action to be taken	Completed
1.	Initial assessment and history at check in/triage	
2.	Apply <b>standard precautions</b> (see <u>Box 3</u> and <u>NCG National Clinical Guideline No. 30 IPC - Vol 1</u> , p20) for all patients at all times. Provide the patient with a surgical facemask (and emesis bag - if needed).	
3.	Conduct a <b>PCRA</b> to determine the risk of exposure to body fluids. (Assess patient for "dry symptoms", e.g. fever and fatigue or "wet symptoms", e.g. diarrhoea, vomiting or bleeding) (see <u>Table 4</u> )	
4.	<b>Safe PPE donning and doffing</b> procedures (PPE based on PCRA but typically includes, at a minimum, respirator, eye protection, gown and gloves). Perform hand hygiene before donning and after doffing as per <a here"="" href="https://www.who.see.gov/who.see&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;5.&lt;/td&gt;&lt;td&gt;Immediately accompany the patient to a &lt;b&gt;single room for&lt;/b&gt; &lt;b&gt;assessment.&lt;/b&gt; This room should be ensuite, &lt;b&gt;preferably with negative&lt;/b&gt; &lt;b&gt;pressure&lt;/b&gt; ventilation (where available), and should ideally have &lt;b&gt;an&lt;/b&gt; &lt;b&gt;anteroom for putting on and taking off PPE&lt;/b&gt;.&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;6.&lt;/td&gt;&lt;td&gt;&lt;b&gt;Restrict access&lt;/b&gt; (staff and visitors) to the room to minimise exposure to others. The exception is when, in the view of the clinical team, it is essential for clinical care that a visitor enters the patient room (for example in the case of a child or vulnerable adult). In such cases a PCRA must be performed, and visitors must adhere to IPC guidance. Consider that the accompanying person may be a case or a contact.&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;7.&lt;/td&gt;&lt;td&gt;Initial suspicion, following risk assessment- ensure that &lt;b&gt;urgent&lt;/b&gt; &lt;b&gt;advice is sought&lt;/b&gt; from ID consultant on call/Clinical Microbiologist/ IPC team/Paediatric ID consultant. Where there is no local ID expertise, discuss case directly with the Consultant/Specialist in Public Health Medicine (CPHM/SPHM) (contact details &lt;a href=">here</a> ). Urgent communications with local governance structures (including hospital management) should follow local escalation protocols.	
8.	Ensure that <b>single patient-use equipment</b> is available and allocated to the room.	
9.		
10	Do not delay essential tests for diagnosis and management. Avoid extra unnecessary invasive procedures until ID consultant has been contacted and provided advice. Inform the laboratory in advance of high-risk exposure samples, and label as such.	
11	<b>Limit staff contact</b> and compile a line listing for staff/patients/others who have had contact with the patient – for follow up with Public Health and Occupational Health.	
12	Manage Patient as per <b>advice</b> from ID Consultant/ Clinical Microbiology/ Public Health. Refer to HPSC website for pathogen-specific management algorithms.	
13	Communication with the patient/family. Provide advice and information to the patient and/family or caregivers, e.g. Isolation precautions	

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# **5.0 Personal Protective Equipment (PPE)**

For comprehensive PPE and IPC guidance, see page 103 of NCG National Clinical Guideline
No. 30 IPC- Vol 1 and the HPSC website here. Proper use and correct sequencing of PPE are crucial to reduce transmission risk and prevent contamination.

#### 5.1 Criteria for appropriate selection of PPE

This section advises on PPE for any person entering the room of an individual with a suspected HCID until the risk is determined. Donning and doffing PPE should be supervised by a trained observer/buddy (where possible) to ensure correct selection, fit, use and safe doffing and disposal. Initially, airborne as well as contact and droplet precautions are required until there is further clarification and information about the level of risk.

## **Before donning HCID PPE**

- •Identify any hazards, risk assess the area
- Don't bring mobile phone or bleep into isolation area
- Gather necessary PPE
- Secure hair back off face
- Be bare below the elbows (before donning gown)
- Remove all jewellery
- •Remove ID badge, bleep, mobile phone
- Perform hand hygiene

# For prolonged wearing of HCID PPE

- ·Be well-hydrated
- Take a toilet break before donning PPE if you anticipate prolonged wearing
- Have a trained observer (PPE buddy)

Figure 2 - Top Tips Before Donning HCID PPE

**Table 4** below guides the choice of PPE depending on the clinical scenario.

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Table 4 - Levels of PPE and Clinical Scenarios

Level	Clinical Scenario	PPE Required
Assessment Level PPE Level 1 (Low risk of transmission)	Suspect case at initial assessment but low risk of transmission: e.g. dry case (non-fluid producer), clinically stable, cooperative patient	After point of care risk assessment, PPE worn would include a minimum of  Disposable gown FFP2/ FFP3 respirator mask Eye protection (Goggles OR face shield) Gloves
	Level of direct     contact: low	
Level 2 (High risk of transmission)	1. Confirmed case  2. Suspect case:  2.1 Highly suspicious probable case based on History/ Epi risk and clinical presentation.  2.2 Suspect case: but higher risk of potential transmission e.g. wet case (fluid producer – bleeding, vomiting or diarrhoea, widespread systemic rash), clinically unstable patient  Level of direct contact: high	<ul> <li>Disposable fluid resistant long-sleeved gown</li> <li>Apron</li> <li>Respirator (FFP2/FFP3) mask</li> <li>Surgical hood to cover head and neck</li> <li>Disposable eye protection</li> <li>Double gloves (double gloves)</li> <li>Disposable fluid repellent below-knee boots</li> </ul>

Ideally there should be a **designated area for donning clean and doffing contaminated PPE**. This should be separate from the patient care area. There must be sufficient space in the doffing area to allow freedom of movement for safe doffing of PPE.

The clean and contaminated areas should be clearly separated and signed.

**Signage** should be used to clearly identify:

1. The patient care area

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- 2. The PPE donning area
- 3. The PPE doffing area.

### 5.2 The role of the Trained Observer (PPE Buddy)

A trained observer's role is to support safe and effective donning and doffing of PPE to reduce contamination, particularly by H&CWs who are less familiar with wearing specific types of PPE.

The trained observer has the sole responsibility of ensuring that donning and doffing PPE processes are followed properly, for example to observe, assist and support H&CWs through these processes safely without self-contamination. This is achieved by maintaining a safe distance. The recommended PPE for the trained observer will vary depending on the trained observer's location and the anticipated tasks to be undertaken. Therefore, the trained observer should wear appropriate PPE based on the PCRA.

All acute healthcare settings must ensure that they have nominated trained observers who have received specialised training in the safe donning and doffing of Level 2 PPE for HCID PPE. Posters and a checklist for the trained observer, to include instructions on the sequence of donning and doffing, should be available. The checklist should be completed and retained locally.

# 5.3 Donning and Doffing PPE

The sequence for putting on and removing PPE is illustrated in posters and videos on the <a href="HPSC website">HPSC website</a>. See **Table 5** below for relevant links:

Table 5 - Links to Further Training on Donning and Doffing PPE

Training L materials	ink
Posters for	https://www.hpsc.ie/a-
donning or	z/microbiologyantimicrobialresistance/infectioncontrolandhai/posters/
doffing PPE	
Videos for	https://www.hpsc.ie
donning or	
doffing PPE	
AMRIC training	Accessed via the AMRIC Hub at <a href="https://www.hseland.ie.">https://www.hseland.ie.</a>
resources	

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# 6.0 Summary of HCID IPC Considerations

**Table 6** below summarises the IPC considerations for patients with confirmed or suspected HCID, and incorporates details on the following topics:

- √ Patient placement
- $\sqrt{\phantom{a}}$  Standard and transmission-based precautions
- √ Management of visitors
- √ Sharps management
- √ Environmental cleaning
- √ Linen management
- √ Waste management

Regarding the following information, please note that not all elements may apply to every HCID.

Table 6 -Summary of HCID IPC Considerations (adapted from CEC NSW)

No.	IPC	Requirements
1.	Isolation	Single room with ensuite preferably with negative pressure ventilation (where available).
		Where such facilities are not available, interim arrangements may be required, such as use of commodes, disposable urinals and bedpans in the patient's room and designating restricted areas outside of the patient's room.
		Isolation room should ideally have an anteroom for putting on and taking off PPE. If an anteroom is not available, identify a clearly marked donning and doffing zone outside the room.
		Consider the patient's individual needs, including safety and cognitive capacity, when placing them into isolation. This should be balanced with the need to protect other patients, H&CWs, and public health.
		Display transmission-based precautions signage on or near patient door and to be clearly visible before any staff/ entry.
2.	Patient	Patients to wear a <b>surgical mask</b> (as appropriate and tolerated) as a precaution on triage / registration, prior to placement in the isolation room and during transport.
		<b>Limit patient movement</b> as feasible within the healthcare setting.

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		Manage the patient's <b>presenting health condition</b> also with suspected/confirmed HCID requirements
3.	Visitors/	Visitors are not recommended (as appropriate) until the risk
0.	nominated	is clarified.
		is ciarilled.
	support person	Disk assess requirements for a negent/parsingted support
		Risk assess requirements for a parent/nominated support
		person/carer to be with the patient (for example in the case of
		a child, a vulnerable adult or on compassionate grounds) and
		support as appropriate.
		Consider if they are also suspected cases or contacts.
4.	Hand hygiene	H&CWs and visitors - WHO five moments for hand hygiene
		using correct technique.
5.	Transmission	In addition to standard precautions which is used for all
	based	patients at all times, use contact, droplet, and airborne
	precautions	precautions based on PCRA. (Refer to Table 1 for examples
	p	of HCID pathogens and modes of transmission, and table 4 for
		levels of PPE and clinical scenarios)
6.	PPE	Use <b>PPE</b> as per standard precautions with additional PPE
0.		based on PCRA (see Table 4 above).
		based off 1 of the (see Table 4 above).
		PPE <b>trained observer</b> to support putting on and taking off
		PPE (if possible). (Refer to Appendix 3).
7	Laboratory	Refer to Section 7 below. Inform the laboratory in advance
7.	Laboratory testing	of high-risk exposure samples, and label as such.
0	Sharps	Limit the use of laboratory testing to the minimum
8.	•	necessary for essential diagnostic evaluation and patient care
	management	and as per discussion ID consultant/Clinical Microbiology/IPC
		team. Refer to page 48 NCG National Clinical Guideline No.
		30 IPC – Vol 1
		Charne containers disposal will follow lead wests
		Sharps containers disposal will follow local waste management and disposal process for waste (see below
		section on "waste management" in this table).
	Communication	Inform LISCWs of ricks and rick management strategies for
9.	Communication	Inform H&CWs of risks and risk management strategies for
		HCIDs.
		Prior to transfer/or care relevant 49 CMs must be informed
		Prior to transfer/or care, relevant H&CWs must be informed
		of patient's suspected HCID status and exposure risks.
		Refer to local escalation pathways to communicate risk
		Maintain nations privacy and confidentialists
		Maintain patient privacy and confidentiality.
10.	Patient care	Non-critical equipment
10.	equipment	In addition to routine management of non-critical clinical
	(Cleaning and	equipment, disinfection is also required, refer NCG National
	Disinfection)	Clinical Guideline No. 30 IPC – Vol 1, Table 3 for a summary
	וויסווויפיכווסוון	
		of good practice statements, Volume 1, Table 9 for cleaning
		requirements for routine environmental cleaning, and Volume

		2, Figure 4 for processes for routine cleaning and product choice
		For semi-critical and critical equipment Ensure routine disinfection/sterilisation reprocessing occurs, but no additional disinfection or sterilisation cycle is required.
		Meal delivery Use disposable items for meals.
		Adhere to environmental and equipment cleaning and disinfection in accordance with NCG National Clinical Guideline No. 30 IPC – Vol 1 see Section 3.1.3 Routine management of the physical environment, Volume 1, Section 3, Recommendation 13: page 94, Single use or patient dedicated equipment.
11.	Environmental	Terminal clean/disinfection
11.	cleaning/ disinfection	<ul> <li>Disposable cleaning cloths, mop cloths, and wipes should be used, and discarded into the clinical waste after each clean.</li> <li>All cleaning cloths and mop heads must not be reused and must be disposed of as clinical waste.</li> <li>Mop handle to be thoroughly cleaned, and the cleaning trolley should not be taken into the room.</li> <li>Clean from clean to dirty, patient room first then bathroom.</li> <li>Change curtains/patient screens.</li> </ul> Refer to NCG National Clinical Guideline No. 30 IPC – Vol 1 from page 69-70 Disinfection: Refer to NCG National Clinical Guideline No. 30 IPC – Vol 1
		from page 60 "Use of disinfectants"
12.	Linen	Disposable linen is the preference for patient clothing and bed linen (where possible).  Dispose of linen in the patient's room, in appropriate waste
		bag, not to be carried by H&CW.
		Discard all linen, sheets, towels, blankets, patient gown as clinical waste ( <b>Category A</b> ) rather than laundering for reuse.
		Where the patient is well and independent, encourage the patient to change their own linen, as appropriate. Avoid any unnecessary manipulation of linen, which should be disposed of safely.

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		For other advice, manage linen in accordance with NCG
		National Clinical Guideline No. 30 IPC – Vol 1 section 3.1.8 Handling of linen.
13.	Waste management	Waste management should follow best practice and be in accordance with the safe handling of all waste as national and local guidelines, specific legislation and regulations.
		Waste generated from patient(s) who have been categorised as increased possibility of HCID or have been confirmed with a HCID should be classified as <b>healthcare risk waste</b> .
		This includes any single-use items (for example, PPE, cleaning cloths and wipes) which must be placed in a leakproof bag and discard as clinical waste.
		The categorisation of waste will vary depending on the HCID.
		Prior to collection by the contractor, waste must be stored securely, and access restricted to authorised and trained personnel.
		A waste contractor (appropriately trained and licensed) <b>must be consulted</b> to organise the safe transfer/disposal of the waste and must ensure documentation is maintained as part of quality controls and accountability.
		Note: All waste generated during cleaning and disinfection process should be treated as healthcare risk waste.
		For further advice, refer to Waste management: refer to NCG National Clinical Guideline No. 30 IPC – Vol 1, section 3.1.7.
14.	Patient transfer	Adults (individuals ≥ 16 years old) with confirmed HCIDs (or highly suspicious probable cases) may be transferred to the NHLIU, which is the national referral centre for high risk suspected and confirmed cases of HCID. International transfer of the patient and/or their contacts to Germany may be required (further management will be determined after discussion with the NHLIU).
		The NHLIU will liaise and consult with key stakeholders to organise the transfer.
		Transfer of the patient will also depend on patient condition and suitability for transfer in consultation with the NHLIU.
		For <b>paediatric cases</b> , contact on-site Microbiologist AND Paediatric ID on call in CHI for urgent MDT assessment.
		If the patient is unstable or there is a delay in transfer, patient will require a <b>negative pressure room</b> , combined

transmission-based precautions and to follow the advice in table 3 "Immediate actions to be followed".

Home isolation may be used for clinically well patients with possible, probable or confirmed cases as determined by the primary clinician. Patients should be advised to remain in self-isolation pending test result. Patients and their household contacts should be advised to adhere to Public Health advice on reducing their contacts and preventing infection.

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### 7.0 Referral and Delivery of Specimens to Diagnostic Laboratories

Information regarding laboratory testing requirements may be found in the guidelines area of the pathogen-specific section for each infectious disease on the HPSC website (<a href="here">here</a>). For Viral Haemorrhagic Fevers, including EVD, MVD, Lassa fever, other arenaviruses and CCHF, a chapter dedicated to laboratory diagnosis can be accessed via the HPSC website, in the VHF Guidance Chapters.

### 7.1 General Considerations Prior to Sampling for Diagnostic Tests

- Consultation with the laboratory is essential prior to sampling. Only specimens
  essential for immediate patient management and diagnosis should be obtained for
  investigation. See contact details for the National Virus Reference Laboratory (NVRL)
  below.
- Inform the laboratory in advance of high-risk exposure samples, and label as such.
- Each laboratory should have a risk assessed contingency plan for dealing with potential HCID specimens which includes out-of-hours operational procedures and contact details for key personnel.
- Within the hospital, specimens should be transported and tested according to local risk assessed arrangements for high-risk samples.
- Pneumatic tube systems should not be used to deliver samples from patients considered to be at risk of HCIDs or with confirmed HCIDs to the laboratory.
- Personnel involved in referral of samples should receive appropriate training.
- Laboratory staff dealing with specimens from patients with suspected HCIDs must take, as a minimum, the same personal protective precautions as patient-care staff and must have experience dealing with samples which may have a high viral load.

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# 8.0 Reporting Protocols for Suspected or Confirmed Cases of HCID

#### 8.1 Local Reporting Protocols

If a HCID is suspected, the following steps should be taken in the Acute Healthcare Setting:

- For adult patients (≥16 years): inform the local ID consultant/clinical microbiologist/ IPC team.
- 2. For paediatric patients (<16 years): discuss situation with local ID consultant/ clinical microbiology. Contact Paediatric ID in CHI, to discuss patient management.
- 3. Arrange for a clinical risk assessment this should be undertaken by a senior member of the medical team wearing appropriate PPE.
- 4. Notify the Medical Officer of Health (MOH), contact details are available <u>here</u>. Out of hours (OOH) the Consultant in Public Health Medicine/MOH can be contacted by phoning **Ambulance Control** and requesting to be connected to Public Health on Call.
- 5. If VHF is NOT suspected, arrange for appropriate testing locally (inform lab in advance of high-risk exposure sample).

#### **8.2 National Reporting Protocols**

If the clinical risk assessment finds that a high risk of HCID the following steps should be taken:

- For adult patients (≥16 years): Notify NHLIU of high-risk exposure suspect case. The NHLIU may be contacted at Mater Hospital Switch 01-8032000 (Ask for ID Consultant on call).
- 2. For paediatric patients (<16 years): Contact the Paediatric ID in CHI at Crumlin via switch **01-4096100**.
- 3. If a diagnosis of VHF is suspected, a clinical decision should be made in consultation with the NHLIU /ID specialist regarding the necessity of clinical specimens for routine blood tests, malaria screening, and blood cultures. Inform the laboratory in advance of high-risk exposure samples, and label as such. Contact the National Virus Reference Lab at 01-7164401 (or 01-7164050 after hours). Patient care must not be compromised, and essential routine blood tests should not be delayed while awaiting VHF sample results.
- 4. If patient has vomiting, diarrhoea, haemorrhagic manifestations, multi-organ failure discuss with NHLIU or Paediatric ID in CHI for consideration of early transfer.

5. If the HCID is confirmed seek specialist advice and discuss transfer: notify the NHLIU as above, to discuss transfer to the NHLIU (adult patients) or contact the Paediatric ID in CHI to inform them of the result (paediatric patients).

#### 9.0 Communication

#### 9.1 Communication with the patient

All clinical staff must communicate clearly and sensitively with patients and their relatives. This includes informing them about the precautionary procedures in place and providing regular updates. Healthcare workers should take account of any language barriers or reduced levels of consciousness. If direct observation of the patient in the single room is not possible ensure that the patient has access to a means of communication (e.g. a mobile phone) and a number that will be answered. The patient is likely to be frightened and should not feel that he/she has been abandoned in the single room.

#### 9.2 Communication within the healthcare setting

Clear communication pathways should be established for notification, escalation and transfer (including handover, work health and safety huddles) of patients with suspected or confirmed HCIDs. All H&CWs should be informed of risks and risk management strategies for HCIDs. Prior to transfer/or care, relevant H&CWs must be informed of patient's suspected HCID status and exposure risks. Refer to local escalation pathways to communicate risk.

# 9.3 Patient Confidentiality

Maintain patient privacy and confidentiality as appropriate.

The <u>EU General Data Protection Regulation</u> (GDPR) is a European regulation to protect data and requires all data processing to be carried out lawfully, transparently, fairly, accurately and to high standards in other criteria such as purpose limitation and data minimisation. See Article 5 of the <u>GDPR</u> (pages 35-36) and HSE guidance available at

https://healthservice.hse.ie/staff/procedures-guidelines/data-protection/

Protecting health is considered a very important activity nationally and internationally, and therefore the GDPR allows essential activities to be carried out. Ireland's MOH law provides the lawful basis for investigation and control of notifiable infectious diseases including HCIDs.

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# 10.0 Telephone Consultation with an Adult Patient with a Possible HCID

If a patient with a possible HCID telephones seeking advice or an appointment, a clinical team member should review their travel history and clinical status over the phone, Figure 3 outlines a suggested approach for an adult patient. Disease-specific algorithms are available at www.hpsc.ie including for VHF.

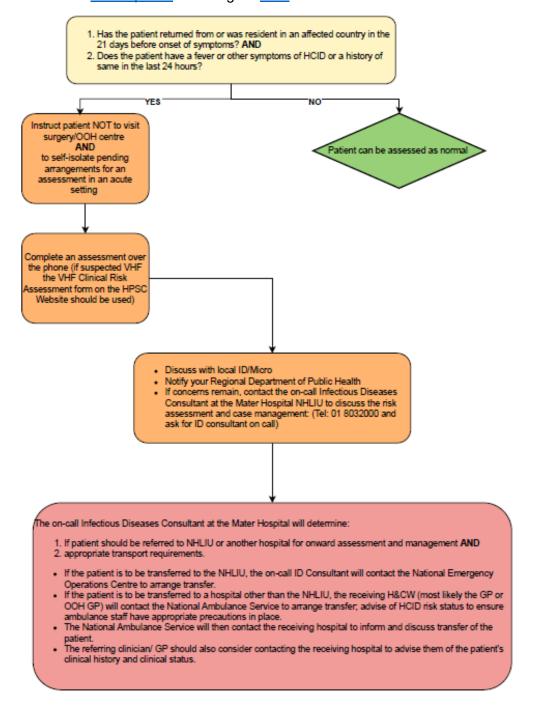


Figure 3 - Algorithm for HCID Telephone Consultation: adult overview. Use disease specific algorithms to guide approach.

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## 11.0 Other Clinical Scenarios

#### 11.1 Deteriorating patient

If a patient with a suspected HCID is unstable or clinically deteriorating the following steps should be considered as part of the overall care plan:

- 1. Obtain urgent advice from the ID consultant on call or Clinical Microbiology. For paediatric patients contact Paediatric ID in CHI.
- 2. Perform an updated risk assessment, H&CWs providing care to patient who was previously "dry" who is now "wet" or for whom an aerosol-generating procedure is required will now require Level 2 PPE.
- 3. If patient has vomiting, diarrhoea, haemorrhagic manifestations, multi-organ failure discuss with NHLIU or Paediatric ID in CHI for consideration of early transfer.

In managing a deteriorating patient with suspected or confirmed HCID, it is crucial to prioritise the patient's urgent clinical care needs while also ensuring the health and wellbeing of staff. For comprehensive guidance on managing deteriorating patients, please refer to the HSE website here, noting that it is not specific to HCID.

#### 11.2 Deceased patient

As a precaution, transmission-based precautions that applied during life should generally continue to apply to the care of the deceased when preparing the body for removal from the healthcare setting. For the management of the deceased patient with confirmed or suspected HCID, refer to NCG National Clinical Guideline No. 30 IPC – Vol 2, 7.0: Care of the deceased, Table 38 Application of transmission-based precautions to the deceased in the context of key infections at the time of death (for example Viral haemorrhagic fevers).

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# 13.0 Appendices

# Appendix 1 - Breach Protocol

#### **Exposure management**

Occupational exposures during the care of patients can occur due to:

- breaches in PPE during use or when removing (doffing)
- accidental contamination of mucous membranes, non-intact skin with blood, tissue or other body substances
- · exposure to airborne or droplet respiratory pathogens
- sharps injuries: needle stick/ sharps injuries

#### Immediate management

A risk assessment of the exposure should be performed - including the type of exposure, type and amount of fluid involved

#### Skin exposure:

In the event of skin exposure, the H&CW should leave patient zone <u>immediately</u> and do the following:

- if visible blood or body substance present on gloves, remove contamination with detergent/disinfectant wipes (or dual purpose) taking care not to expose any further skin.
- remove gloves in a controlled manner and then wash the exposed area with soap and running water.
- inspect area to determine extent of contamination; check if there is any non-intact skin exposed.
- remove remaining PPE (follow Appendix 3 HCIDs Checklist for PPE removal) and perform hand hygiene.
- notify line manager and escalate accordingly (IPC/ID/MOH/Occupational Health) immediately for further assessment and management.
- report the incident as per local procedures.

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#### Mucous membrane exposure (eyes/nose/mouth)

H&CW to leave patient zone straight away and undertake the following:

- remove the contaminated PPE in a controlled manner to prevent further exposure (put on (don) clean gloves to remove contaminated PPE).
- check for any contamination if present, then remove it as soon as possible, spit out any blood or body substance that may have entered the mouth and rinse the mouth with water several times.
- irrigate the eye or nose with water or normal saline (do not use any type of disinfectant on mucosal surfaces as part of first aid as this may cause irritation and potential entry portal if mucosa becomes damaged).
- remove remaining PPE (follow Appendix 3 HCIDs Checklist for PPE removal) and perform hand hygiene.
- notify line manager and escalate accordingly (IPC/ ID/ MOH/ Occupational Health) immediately for further assessment and management.
- report the incident as per local procedures.

#### Percutaneous exposure (needlestick/ sharps injury)

Where injury has occurred, the following applies:

- remove outer gloves, check inner gloves; if visible blood or body substance, remove contamination with detergent/ disinfectant wipes (dual purpose), then remove inner gloves.
- perform hand hygiene with soap and running water (do not squeeze affected area).
- apply clean pair of gloves and remove remaining PPE (follow Appendix 3 HCIDs Checklist for PPE removal) and perform hand hygiene.
- notify line manager and escalate accordingly (IPC/ ID/ MOH/ Occupational Health) immediately for further assessment and management.
- report the incident as per local procedures.

For further advice refer to <u>National Clinical Guideline No. 30, Volume 1</u>, 3.7.3 Managing exposures to occupational hazards.

# Appendix 2 – Level 2 PPE for HCID (High risk of transmission) Checklist Before Entering Room

Name of healthca	Name of healthcare worker (H&CW):				
Name of trainer of	bbserver (buddy):				
Date:	Time:	Location:			

PREPARATION FOR PUTTING ON PPE (DONNING)			
Trained observer checklist (tick items for completion)	Steps	Action – Check by trained observer (buddy) (read out) For: Confirmed case, Suspect case: Suspect case with High level of suspicion based on History/ Epi risk and clinical presentation Or	
		Suspect case: but higher risk of potential transmission e.g.	
		wet case (fluid producer – bleeding, vomiting or diarrhoea, widespread systemic rash), clinically unstable patient	
	Step 1	Where possible, allocate a designated zone for putting on (donning) PPE	
		Trained observer (Buddy check)– ensure ALL equipment is available and in the correct size:	
		surgical scrubs/disposable scrubs	
		disposable fluid resistant boots to the knee	
		surgical hood	
		inner nitrile gloves (different colour if available)	
		<ul> <li>impervious (fluid resistant) long-sleeved gown (lower than knees) correctly tied and able to provide adequate back cover</li> </ul>	
		microporous tape	
		apron (long length, medium thickness apron)	
		<ul> <li>respirator Mask: FFP3 &amp; H&amp;CW fit tested. See Appendix 6 for PPE specifications</li> </ul>	
		eye protection (face shield/ Visor),	
		outer nitrile gloves with long cuff – if available, two	

	different colours (sterile gloves may be used not necessarily due to the need for sterility but because they are associated with fit and dexterity)  • stool/chair (cleanable)
	<ul> <li>alcohol-based hand rub (self-dispensing or trained observer to assist)</li> </ul>
	detergent/ disinfectant wipes
	access to a mirror is recommended
Step 2	Ensure that donning occurs in a quiet area (where possible).  The environment needs to remain calm – limit activity and discussion to donning only.
Step 3	Confirm that the H&CW is competent and has completed training and has undertaken transmission-based precautions training.
Step 4	Confirm that the H&CW is wearing surgical scrubs and impervious, boots.
Step 5	Confirm skin integrity of H&CW. If H&CW has skin integrity breaks, then advise them not to care for patient. In the event of staffing contingency risk assess any skin breaks, small breaks/ areas may be able to be covered by waterproof dressings where complete protection with PPE is also achieved.
Step 6	Ask the H&CW if they need a drink of water or to go to the bathroom.
Step 7	Check the following for the H&CW:
	<ul> <li>all jewellery has been removed, for example, facial and ear piercings, necklaces, rings, watches, bracelets, religious items and so forth</li> <li>hair is off the face and collar, and tied in a ponytail or bun if required</li> <li>H&amp;CWs with facial hair to follow local facility policy (see recommendations for FFP2/3 fit check) Poster</li> </ul>
	resources are available on the "Safe use of FFP2 respirator mask" <a href="https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/guidance/infectionpreventionandcontrolguidance/ppe/FFP2%20Masks%20Poster.final.pdf">https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/guidance/infectionpreventionandcontrolguidance/ppe/FFP2%20Masks%20Poster.final.pdf</a> • no jumpers/jackets/ etc. are on • no wallets, phones, bleeps or pens are in pockets

		no lanyards/ID tag are hanging from scrubs.
		Gather the PPE items required
		Check PPE is the correct size
PUTTING ON (E	DONNING) PPE	
		For Confirmed case, Suspect case: Suspect case with High level of suspicion based on History/ Epi risk and clinical presentation or suspect case with higher risk of potential transmission e.g. wet case (fluid producer – bleeding, vomiting or diarrhoea, widespread systemic rash), clinically unstable patient put on surgical scrubs.
		Ensure steps for PREPARATION FOR PUTTING ON PPE (DONNING) are complete.
		Ensure hair is off the face and collar and tied in a ponytail or bun.
		If wearing own glasses-ensure secure with a head strap.
	Step 1 Hand hygiene	H&CW to perform hand hygiene with soap and water or alcohol- based hand rub. Ensure hands are dry.
	Step 2	Use for a Confirmed case/ Suspect case
	Boots	For example: Highly suspicious probable case based on History/ Epi risk and clinical presentation.
		Suspect case: but higher risk of potential transmission e.g. wet case (fluid producer – bleeding, vomiting or diarrhoea, widespread systemic rash), clinically unstable patient
		Level of direct contact: high
		H&CW to sit down and put on fluid repellent below-knee boots. Use half to one size bigger than your normal shoe size, for ease of removal
		Trained observer check:
		Ensure boots are secure.
		Ensure scrubs are tucked inside boots
	Step 3 FFP3 respirator	H&CW to put on a FFP3 respirator (You MUST be fit tested for this type of FFP3 respirator)

l <sub>0</sub>		Trained observer check:
		(fit checking assist) – H&CW to perform fit check, use the "Safe use of FFP3 respirator mask" poster to instruct application and fit check-adjust if any air escapes and recheck
	Step 4	Use for a Confirmed case/ Suspect case
	Hood	For example: Highly suspicious probable case based on History/ Epi risk and clinical presentation.
		Suspect case: but higher risk of potential transmission e.g. wet case (fluid producer – bleeding, vomiting or diarrhoea, widespread systemic rash), clinically unstable patient
		Level of direct contact: high
		H&CW to put on surgical hood with flap/collar.
		Trained observer check:
		Ensure surgical hood covers head, neck, and shoulders.
		Check there is a good fit around the face and jaw with no gaps
		Check there is good overlap with the FFP3 respirator mask.
	Step 5	Hand hygiene
	Gloves	H&CW to put on inner pair of short-length nitrile gloves.
	Step 6 Gown	H&CW to put on impervious, long-sleeve gown and lightly secure using the Velcro at the neck-to allow easy removal.
		Do not use inside tie
		Ensure the gown remains closed and tie at the side and the gown covers the back.
П		Trained observer check:
		Check gown for any tears or holes
		Check that the gown is tied at the side
		Ensure the cuffs of the gown inner gloves are tucked underneath.
		Check that the bottom part of the hood should be tucked inside the gown.
	Step 7	Trained observer check:
	Check gown length &	Check for sufficient overlap between the top of the boot and bottom of the gown (approx. 10-15 cm)
	<u> </u>	

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boots	If less than 10cm overlap, replace with a longer gown
Step 8 Middle layer gloves	Put on middle layer (Long length) nitrile gloves.  Trained observer check:
	Check these should fully overlap the cuffs of the gown Tape the gloves to the gown using 4 strips of microporous tape placed lengthways
Step 9 Apron	Wear a long length medium thickness apron.  Break the neck loop (at back of the neck)
	Trained observer check:  Support with putting on the apron and tie behind the neck brining the apron up high around the neck to achieve a "high fit"  Tie the waist ties high up over the chest area  Check protection of neck area to avoid exposure
Step 10 visor/	Put on visor/face shield  Ensure the band of the visor/ face shield overlaps with the hood
face shield	Trained observer check:  Check that visor/ face shield overlaps with the sides of the hood  Check there is no skin exposed (at jawline)
Step 11 Outer gloves	H&CW to put on outer short length nitrile gloves
	Advise that if a sterile procedure is required, replace outer gloves with sterile gloves (in the patient's room at the time of the task)  For cleaning procedures, heavy duty gloves may be used instead of nitrile gloves, as appropriate

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# Trained observer check: Step 12 Inspect to ensure a proper fit, seal and safety, if gaps noticed, Check address before entry. Check PPE is secure and comfortable – ask the H&CW to extend arms, bend at waist, turn and walk up and down & check PPE skin cover is optimal – use the mirror to self-check and trained observer to confirm REMIND THE H&CW PRIOR TO ENTERING THE PATIENT ROOM Instruct the H&CW to use the room telephone if they need any assistance. Don't adjust or remove PPE in the patient room H&CW: Don't touch your face whilst wearing PPE Use ABHR on gloved hands during patient care whilst in the patient room H&CW is ready to enter the patient room.

Trained observer signature:

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# **Appendix 3 – HCID PPE Checklist for Removal (Doffing)**

For: Confirmed case

Suspect case: Suspect case with High level of suspicion based on History/ Epi risk and clinical

presentation

Or

Suspect case: but higher risk of potential transmission e.g. wet case (fluid producer – bleeding, vomiting or diarrhoea, widespread systemic rash), clinically unstable patient

Name of nealthcare worker (H&CW):					
Name of trained observer:					
Date:	Time:	Location:			

PPE REMOVAL (DOFFING)				
Trained observer checklist (tick items for completion)	Step	Action – Check by trained observer (read out)  Depends on the location of the trained observer (buddy) and interaction:  Where there is a greater risk of contamination the buddy should also be equally protected wearing appropriate PPE		
	Prepare to doff	Removal of PPE must be done with a trained observer (buddy)  Request for help of a trained observer (buddy) if not one		
		is not present.  Do not attempt to remove PPE without a trained observer present.  Where possible a designated zone for removing (doffing)		
		PPE is to be identified.  Do not exit into a clean (Green) zone wearing PPE.  Trained observer to ensure all equipment is ready for removal.		
		Trained observer to ensure all equipment is ready for removal:  Trained observer to ensure all equipment is ready for removal:  trained observer to ensure all equipment is ready for removal:		
		rigid plastic stool or chair that can be cleaned and disinfected near the door     healthcare risk waste bin		
		<ol> <li>alcohol-based hand rub</li> <li>detergent/disinfectant wipes</li> </ol>		
		<ol> <li>additional gloves – different in colour compared with inner pair of gloves of H&amp;CW, if available.</li> <li>Ensuring that these items are within one step of the H&amp;CW and ensures that there is no unnecessary movement.</li> </ol>		

	Trained observer instructs H&CW that this will be a calm, smooth process and to tell the buddy if they need assistance at any time.  If the H&CW is aware of any PPE breach or high exposure contamination, inform the trained observer before removing PPE & follow procedures to report as an incident.
	Trained observer check:
	Ask the H&CW if they inspected their PPE for visible contamination, cuts or tears before leaving the room and remove it with a detergent/disinfectant wipe prior to leaving the room.
	Trained observer to inspect the PPE to assess for visible contamination, cuts or tears before starting to remove.
	If visible contamination present, H&CW to clean first and
	disinfect with a disinfectant wipe and discard wipe into clinical waste bin. Trained observer to also observe from a distance to inspect for any visible contamination.
Step 1	Remove in patient room/ or Red zone)
Apron	<ul> <li>H&amp;CW to remove apron, pull forward at the front of the apron to break the neck and waist strings.</li> <li>Roll the apron inside out ensuring that only the inner "clean" side is touched.</li> <li>Roll up and place in the healthcare risk waste bin.</li> <li>Do not push down</li> </ul>
Step 2	Remove in patient room/ or Red zone)
Outer	Instruct H&CW to remove the outer gloves:
gloves	Use the pinch and pull method. Grasp outside of glove with opposite gloved hand; peel off
	<ul> <li>hold removed glove in opposite gloved hand</li> <li>slide fingers of hand (gloved removed from) under remaining glove at wrist</li> </ul>
	peel gloves off over first glove
	Carefully remove without touching outside of gloves
	discard into designated clinical waste bin in doffing zone.
	Inspect inner glove for any contamination, tears or cuts.

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Step 3	H&CW to remove impervious, long-sleeve gown.
Gown	assume that the gown front and sleeves are contaminated
	avoid contact with scrubs and hood underneath the long sleeve gown
	Untie the gown at the side
	<ul> <li>pull away gown from neck and shoulder area by grabbing the shoulder areas to release the Velcro at the back of the neck</li> </ul>
	Pull the gown away from the chest, turn gown inside out while removing, and fold or roll into a bundle.
Middle layer	The taped long nitrile gloves should come off easily when removing the gown.
gloves	Carefully place the gown into the healthcare risk waste bin.  Do not push down into the healthcare risk waste bin.
	Perform hand hygiene: trained observer will dispense alcohol based hand rub into H&CW's gloved hands
Step 4	H&CW to remove visor/face shield.
Visor/face shield	<ul> <li>Reach for the elastic strap at the back of the head. Close eyes and lift the strap upwards and over the head.</li> <li>Avoid bending head forward-as this brings the visor in contact with "clean" upper body.</li> <li>Carefully place face shield/ visor into the healthcare</li> </ul>
	risk waste bin.
	Do not push down into the healthcare risk waste bin.
	Perform hand hygiene: trained observer will dispense alcohol based hand rub onto H&CW's gloved hands.
Step 5	Remove the hood - only touching the outer surface.
Hood	Use both hands and pull the hood's front and bottom part downward and forward slightly at the chin level.
Step 6 Hood	<ul> <li>H&amp;CW close eyes and bend forward at the hips. Keep the chin well away from the chest.</li> <li>Lift the hood up and over the head and then away from the face.</li> <li>Stand straight and place the hood into the healthcare risk waste bin</li> </ul>
	Perform hand hygiene: trained observer will dispense

	alcohol based hand rub onto H&CW's gloved hands
Step 7 Inner gloves	Remove inner nitrile gloves using pinch and pull technique Dispose in healthcare risk waste bin  Perform hand hygiene: trained observer will dispense alcohol based hand rub onto H&CW's hands
Step 8 FFP3 respirator	<ul> <li>Reach to the back of the head and lift the bottom strap of the FFP3 respirator mask over the top of the head to meet the top strap</li> <li>Bend hips slightly forward</li> <li>Avoid bending neck as this allows the respirator to touch the upper body.</li> <li>Close eyes and remove by allowing the FFP3 respirator to fall away from the face.</li> <li>Place in the healthcare risk waste bin</li> <li>Perform hand hygiene: using alcohol based hand rub</li> </ul>
Step 9 Boots Step 1	H&CW can stand or sit on clean stool/ chair near to the clean zone to begin removal of below- knee boots.  • If needed, step onto each heel of the boots to loosen them for removal  Step out of the boots and into the clean zone (Green zone)  Do not step back into the dirty area (Yellow zone)  • Place feet directly onto the floor away from the doffing zone.
Step 10 Boots step 2	Perform hand hygiene Turn to face yellow zone, without entering yellow zone. Pinch the inner surfaces of the boots together and place in healthcare risk waste bin  Do not touch outer surface of boots  If unable to reach boots easily, leave where they are and they can be moved by the next person entering the doffing zone.
Step 11	Used boots must not be re-worn Cleaned and disinfected by suitable methods. Can isolate boots until HCID results are known
Step 12	Without touching anything in the environment and including self the H&CW performs hand hygiene by hand washing.

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Trained observer signature:		

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# Appendix 4: HCID – VHF preparedness checklist

1.	Identification of potential cases				
		Y/N	Sign	Date	
1.1	Strategies are in place to detect travel-related infections (for example, ED at Triage)	□ Y □ N			
1.2	Process in place to exclude travel related infections which are not deemed HCID (refer to <a href="https://example.com/HPSC website">HPSC website</a> for pathogen-specific information. Also refer to Box 2 for country-specific risks for HCIDs.)	□ Y □ N			
1.3	Contact numbers for ID consultant, clinical microbiology and Public Health (including OOH arrangements). Ensure these are readily available.	□ Y □ N			
1.4	Have process to collate a line listing for the identification and management of potential contacts.	□ Y □ N			
1.5	Identify an isolation area in assessment areas (for the ED) with transmission-based precautions door signage, (Single room with ensuite preferably with negative pressure ventilation (where available). Isolation room should ideally have an anteroom for putting on and taking off PPE. If an anteroom is not available, identify a clearly marked donning and doffing zones outside the room.)	□ Y □ N			
1.6	Local escalation plans available with contact numbers if a suspected HCID patient presents to the healthcare facility	□ Y □ N			
1.7	Escalation plan includes an OOH process, environmental cleaning, occupational exposure management processes and local work health safety considerations.	□ Y □ N			
2.	Personal protective equipment (PPE)				
2.1	HCID PPE kits for HCID are available in the emergency department and checked regularly as per local policy.	□ Y □ N			
2.2	Training for H&CWs: Prioritise for Emergency department training on PCRA, PPE in the first instance. Competency assessment (as per local discretion) for the use of PPE for HCID, which is documented	□ Y □ N			
2.3	Identify suitable areas for putting on PPE (donning) and removing PPE (doffing)	□ Y □ N			
2.4	Trained observers for putting on and removing PPE (donning and doffing) checklists-ensure these are readily available.	□ Y □ N			
2.5	Consider conducting training and simulation exercises for managing HCID patients as part of major emergency planning	□ Y □ N			
2.6	Document these have occurred.  Dodicated nations use equipment is identified (preferably)				
2.6	Dedicated patient-use equipment is identified (preferably disposable); if not, identify items that can be cleaned and disinfected.	□ Y □ N			

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## **Appendix 5: Waste categorisation**

Packaging and transport of waste from suspect and confirmed cases of Viral Haemorrhagic Fevers Guidance Note H1402 Packaging and Transport of waste from suspect and confirmed cases of Viral Haemorrhagic Fevers (VHFs) is available on <a href="https://www.hpsc.ie">www.hpsc.ie</a>

HCID clinical waste (that is, medical waste derived from a patient with HCID) is usually classified as Category A waste under the international standard UN 2814 for infectious substance, affecting humans and for the purposes of transporting by road or rail (as per UN legislation).

PPE and items used during assessment of a suspected case may quarantined in Category A-compliant conditions pending the results of HCID diagnostic testing. If results are negative, quarantined waste may be disposed of as Category B healthcare risk waste and healthcare non risk waste (as appropriate).

If the HCID identifies that waste should be disposed of as category A waste the following is recommended:

- Required packaging components (see below)
- WIVA 60L rigid clinical waste bins with solid lids
- HSE Stock item Clinical waste bags UN approved bulk clinical waste bags
- 6L bulksorb absorbent sheets (or gelling agent)
- Traceability cable ties
- Sharps bins of an appropriate size
- UN 3549 Category A Infectious waste labels

## Required packaging of Category A Waste

Category A waste (including VHF clinical waste) must be packaged in a triple containment system, for example:

- leakproof primary bag
- rigid outer receptacle
- leakproof secondary bag.

Keep the leakproof primary bag and rigid outer receptacle inside the patient's room or zone, and then place the receptacle inside a second clinical waste bag kept outside the patient room.

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## **Procedure for Assembly of Category A Waste Packaging**

## 1.0 Required packaging components

WIVA 60L rigid clinical waste bins with solid lids

HSE Stock item Clinical waste bags (Bunzel) or UN approved bulk clinical waste bags

6L bulksorb absorbent sheets (or gelling agent)

Traceability cable ties

Sharps bins of an appropriate size

UN 3549 Category A Infectious waste labels





## 2.0 Assembly Procedure

The following tables outline the procedures for assembly of packaging:

Table 1 Soft / liquid waste packaging assembly

Table 2 Sharps waste packaging assembly

Table 2A Sharps waste packaging alternative assembly (Suitable for smaller sharps bins)

Pg 1 VO.2 - Procedure for Assembly of Category A Waste Packaging (Monkeypox Virus)

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## Soft, Liquid Waste Packaging Assembly

## Table 1: Soft / liquid waste packaging assembly

## Step 1

Take a 60L WIVA rigid bin and apply a UN 3549 CATEGORY A INFECTIOUS WASTE label over the existing UN3291 label

Note: If pre-printed labels are not available the attached template may be used to print the label using a colour printer (see Appendix 1 for template)



## Step 2

Line the 60L WIVA rigid bin with one clinical waste bag. Repeat the process with a second clinical waste bag and fold both bags back around the bin



## Step 3

Insert two 6L absorption sheets in the inner packaging of the 60L WIVA rigid bin

Note: The requirement is to ensure that there is sufficient absorbent for any liquid present – gelling agent may be used as an alternative to satisfy this requirement



#### Step 4

The bin is now ready for the disposal of soft clinical waste that may contain small amounts of liquid



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## Step 5

When the bin is 2/3 full with waste close the inner bag according to the manufacturer's instructions (cable tie or swan neck closure method)



## Step 6

Close the outer bag according to the manufacturer's instructions (cable tie or swan neck closure method)



## Step 7

Close the 60L WIVA rigid bin with a yellow lid

Ensure that the clips on the lid match up prior to closure



#### Step 8

When closed, decontaminate external surface of the 60L WIVA rigid bin with a minimum concentration of at least 1,000ppm hypochlorite solution in the dirty area

Note: A higher concentration of 10,000 ppm may be used if the bins and/or environment are visibly contaminated with blood or body fluids

Apply a traceability cable tie

Remove the bins to a secure storage room

Inform the waste contractor that you have UN 3549 Category A infectious waste for collection so that special collection arrangements can be put in place



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## **Sharps Waste Packaging Assembly**

#### Step 1

Take a 60L WIVA rigid bin and apply a UN 3549 CATEGORY A INFECTIOUS WASTE label over the existing UN3291 label

Note: If pre-printed labels are not available the attached template may be used to print the label using a colour printer



## Step 2

Line the 60L WIVA rigid bin with one clinical waste bag. Repeat the process with a second clinical waste bag and fold both bags back around the bin



#### Step 3

Insert two 6L absorption sheets in the inner packaging of the 60L WIVA rigid bin

Note: The requirement is to ensure that there is sufficient absorbent for any liquid present – gelling agent may be used as an alternative to satisfy this requirement



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#### Step 4

For sharps waste place the waste in the sharps bin. Ensure the sharps bin selected will fit comfortably into a 60L WIVA rigid bin

Maintain sharps bins in the temporary closure position when not in use

When ¾ full or up to the manufacturer line ensure sharps container is closed correctly as per the manufacturer's instructions

Sign and date upon closure



#### Step 5

Place the sharps bin into the 60L WIVA rigid bin



## Step 6

Close the inner bag according to the manufacturer's instructions (cable tie or swan neck closure method)



Step 7

Close the outer bag according to the manufacturer's instructions (cable tie or swan neck closure method)



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## Step 8

Close the 60L WIVA rigid bin with a yellow lid

Ensure that the clips on the lid match up prior to closure



## Step 9

When closed, decontaminate external surface of the 60L WIVA rigid bin with 10,000ppm hypochlorite solution in the dirty area

Apply a traceability cable tie

Remove the bins to a secure storage room

Inform the waste contractor that you have UN 3549 Category A infectious waste for collection so that special collection arrangements can be put in place



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# **Sharps Waste Packaging Alternative Assembly (suitable for smaller sharps bins)**

#### Step 1

For sharps waste place the waste in the sharps bin Ensure the sharps bin selected will fit comfortably into a 60L WIVA rigid bin

Maintain sharps bins in the temporary closure position when not in use

When ¾ full or up to the manufacturer line ensure sharps container is closed correctly as per the manufacturer's instructions

Sign and date upon closure



#### Step 2

Place the sharps bin in a clinical waste bag with a 6L absorbent pad and close the bag according to the manufacturer's instructions (cable tie or swan neck closure method)



## Step 3

Place the bagged sharps bin on top of the sealed double bagged soft waste in the WIVA bin from Table 1 Step 6

(When the soft waste bags are closed there is usually adequate space to accommodate a small sharps bin on top of it)





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## Step 4

Close the 60L WIVA rigid bin with a yellow lid

Ensure that the clips on the lid match up prior to closure



## Step 5

When closed, decontaminate external surface of the 60L WIVA rigid bin with 10,000ppm hypochlorite solution in the dirty area

Apply a traceability cable tie

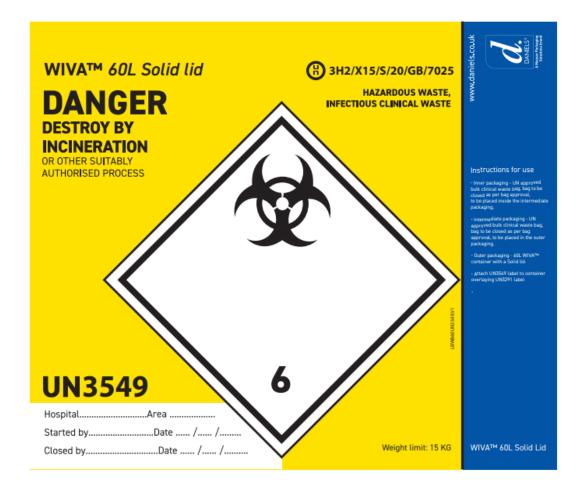
Remove the bins to a secure storage room

Inform the waste contractor that you have UN 3549 Category A infectious waste for collection so that special collection arrangements can be put in place



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## **Template Label**



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# Appendix 6 – PPE specifications

PPE Type	Description	Product specifications
Mask	Disposable Single use Fluid resistant (Type IIR) 120 mm Hg Latex free Good breathability Easy to differentiate between internal and external surface Splash resistance pressure (kPa) ≥16,0 Ear Loops or tie strings or double headstrap elasticated	CE Marked  Quality compliant with standards: Medical Device 2017/745 class I - non-sterile EN 14683:2019 Type IIR
FFP3 respirator	High filtration efficiency-filter	EU standard Personal Protective Equipment Directive EU 2016/425, category III Quality compliant with: EN 149:2001 + A1:2009 ( to filter efficiency, splash resistance EN14683:2019 (Splash Resistance)
Hood	Disposable Single use Latex free Soft and breathable Covers neck and shoulders reaching upper part of gown/coverall Facial opening constructed without elastic (ideally) Different sizes preferable Preferably fluid resistant Preferably sealed/protected seams CE Marked	EU standard Personal Protective Equipment Directive EU 2016/425 category III Quality compliant, for example:  • tested for resistance to blood and body fluid penetration: meets or exceeds ISO 16603 class 3 exposure pressure OR  • tested for resistance to blood borne pathogen penetration: meets or exceeds ISO 16604 class 2 exposure pressure OR  • Option 3: Compliant with EN 14126 highest

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		performance test (EN Class) ISO 16603 - Resistance to penetration by
		blood/fluids under pressure  ISO16604 - Resistance to penetration by blood borne pathogens  ISO22610 - Resistance to wet bacterial penetration (mechanical contact)  ISO/DIS 22611 - Resistance to biologically contaminated aerosols  ISO 22612 - Resistance to dry microbial penetration
Visor	Disposable Single use	CE Marked
	Single use Latex free	
	Made of clear plastic Provides good visibility to wearer and	Quality compliant with standards:
	patient	Personal Protective
	Minimise glare Fog resistant	Equipment (PPE) Category II
	Adjustable straps/harness to facilitate	Face shield visor with chin
	good fit. Fit snuggly against the forehead with	guard to conform to EN 166:2002
	integral foam protection strip  Does not require assembly by the user	Personal Eye Protection
	For level 2 PPE, complete coverage of sides and length of the face preferable and if this can be achieved, then	T TOLOGIOTI
Cour	goggles are not required	CE Marked
Gown	Long-sleeved gown (suitable for both level 1 & level 2 PPE)	CE Warked
	Disposable	Quality compliant with this standard:
	Single use Latex free	Tested for resistance to
	Fluid resistant	blood-borne pathogen
	Provides full impervious cover (360 degrees)	penetration

	Cuffs (preferably waterproof) Different sizes available Different lengths available – chosen length should reach to wearer's mid calf and cover top of knee high rubber boots Light colours preferable to detect possible contamination Fasteners/ties at neck and waist Preferably secured with Velcro at neck for easy doffing Antistatic Low linting Welded seams Made of non- woven material Must wrap completely around the body; the wearer's back must not be left exposed/ uncovered	AAMI PB70 Level 4 performance or Equivalent
Apron	Disposable Single use Latex free Fluid resistant Made of polyester with PVC coating, or other waterproof material Straight with bib Halter Neckline Pull over head, but not smock style Waist ties which should be long enough to fit an XL person Minimum basic weight: 250g/m2 or 60 microns +/- 10% Covering size: approximately 70-90cm width x 120-150cm height, or standard adult size Neck strap allows for tear off with waist ties	Personal Protective Equipment Directive EU 2016/425 Category 1 EN13432:2000 Packaging standards
Inner gloves	Nitrile Non-sterile Single use Latex free	Inner: EU standard Medical Device Directive 2017/745 Class 1, EN 455 - EN 455- 1:2000; EN 455- 2:2015; EN 455-3:2015; EN 455-4:2009
Outer gloves (extended cuff)	Nitrile Non-sterile Single use Latex free Disposable Extended cuff Beaded cuff Ambidextrous Powder free	Outer:  CE Marked  EU standard Medical Device Directive 2017/745 Class 1, EN455 455 - EN 455-1:2000; EN 455-

	Intermediate length (approximately 16 inches) Different sizes – Small, medium, large, extra-large Lighter colour to differentiate from inner gloves in level 2 PPE Textured fingertips	2:2015; EN 455-3:2015; EN 455-4:2009 EU standard Personal Protective Equipment ((EU) 2016/425) Directive Category 111 EN 374 - EN ISO 374- 1:2016+A1:2018; EN 374- 2:2014; EN374-4:2013; EN ISO 374-5:2016
Boots	Single use for level 2 PPE half boot/ full boot	